



EPA SUICIDOLOGY AND SUICIDE PREVENTION SECTION REPORT 2020

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Philippe COURTET
Co-chairperson: Prof. Marco SARCHIAPONE
Secretary: Mrs. Miriam IOSUE
Councillor:

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: December 30th, 2020
Venue: Virtual Elections

ACTIVITIES OF THE SECTION IN 2020:

Meetings/events

EPA-SSSP Business Meeting

Description:

During the meeting, the updated list of members and national representatives and the Annual Report for 2019 were presented.

Current and future activities of the Section were also discussed:

- National and local initiatives for the World Suicide Prevention Day;
- Massive Open Online Course on identification and prevention of suicidal behaviours, organized by Emilie Olié and Jorge Lopez-Castroman;
- Submission of the Section paper “COVID-19 pandemic: Increased risk for mental health problems and suicidal behaviours”;
- European Symposium on Suicide and Suicidal Behaviour rescheduled in 2024.

Section Board elections were announced.

Location: Virtual

Start date: 05/10/2020

End date: 05/10/2020



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Etiopathogenesis of Suicidal Behaviour and Major Depression: Novel Approaches

Description:

Chairs: Marco Sarchiapone, Italy; Jorge Lopez-Castroman, France

Presentations:

- Suicide Risk in Major Depression: Focus of Childhood Maltreatment (Narcís Cardoner Álvarez, Spain)
- Single-Cell Approaches to Understand the Suicidal Brain (Gustavo Turecki, Canada)
- Hematopoietic distress and suicidal behavior in patients with Major Depressive Disorder (Pilar Saiz, Spain)
- Genomics of Suicidal Behaviour (Philippe Courtet, France)

Location: 28th European Congress of Psychiatry (virtual)

Start date: 04/07/2020

End date: 07/07/2020

Suicide Behaviour in Different Mental Disorders: Epidemiological Findings and Perspectives on Suicide Prevention

Description:

Chairs: Diego Palao Vidal, Spain, Philippe Courtet, France

Presentations:

- Suicide Risk in Depression: Effectiveness of the Community Based 4-Level-Intervention (EAAD) (Ulrich Hegerl, Germany)
- Prevalence and Incidence of Suicidal Ideation and Behaviour in Delusional Disorder, Schizophrenia and Other Related Disorders (Alexandre González-Rodríguez, Spain)
- Pain and Interoception: Perspectives on Suicide Prevention (Philippe Courtet, France)
- Effectiveness of Suicide Prevention Programs at Emergencies and Community Mental Health Services (Diego Palao Vidal, Spain)



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Location: 28th European Congress of Psychiatry (virtual)

Start date: 04/07/2020

End date: 07/07/2020

Secondary Prevention of Suicide

Description:

Chairs: Enrique Baca-García, Spain; Jorge Lopez-Castroman, France

Presentations:

- Early Rehabilitation and Secondary Prevention for Suicide Attempters (Carla Gramaglia, Italy)
- The Role of Antidepressants in the Secondary Prevention of Suicide (Jorge Lopez-Castroman, France)
- Vigilans, an Algorithm for Post-Discharge Monitoring after a Suicide Attempt (Vincent Jardon, France)
- Contact Interventions versus Psychotherapy for Post-Discharge Suicide Prevention (Gonzalo Martínez-Alés, USA)

Location: 28th European Congress of Psychiatry (virtual)

Start date: 04/07/2020

End date: 07/07/2020

Assisted Suicide in the Elderly

Description:

Chairs: Gabriela Stoppe, Switzerland, Diego De Leo, Australia

Presentations:

- Suicide in the Very Old (Diego De Leo, Australia)
- Rational Suicide in the Elderly (Patrizia Zeppegno, Italy)
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- Clinical Management of Late Life Depression and Suicidality in the Oldest-Old (Max Stek, Netherlands)
- What Interventions Work for Suicide Prevention? And do they Work for the Elderly? (Christina Van der Feltz-Cornelis, UK)
- Media and Suicidal Behaviour (Ulrich Hegerl, Germany)

Partners:

Section of Old Age Psychiatry

Location: 28th European Congress of Psychiatry (virtual)

Start date: 04/07/2020

End date: 07/07/2020

Identifying and Targeting Suicide Risk Factors in Youth

Description:

Chairs: Danuta Wasserman, Sweden, Julio Bobes, Spain

Presentations:

- Neighbourhood, Family and Individual Predictors of Suicidality in 11,000 School-Age Children From the ABCD Cohort (Sophia Frangou, USA)
- Protective and Risk-Conferring Factors for Suicidality in Youth in Europe (Marco Sarchiapone, Italy)
- Perspectives of Modern Society in Youth Suicide Prevention (Maurizio Pompili, Italy)
- Treating and Preventing Suicidality in Youth: Assessing the Evidence for Efficacy (Danuta Wasserman, Sweden)

Location: 28th European Congress of Psychiatry (virtual)

Start date: 04/07/2020

End date: 07/07/2020

Presentations at non-section events



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Pandemic and suicide

Setting:

4th Eastern European Conference of Mental Health "In and out of your mind" Sibiu, Romania (virtual)

Presenter: Marco Sarchiapone

Event Start date: 19/11/2020

Event End date: 22/11/2020

Acknowledged as official Section presentation? Yes

Pandemic and suicide

Setting:

II Kongres Suicydologiczny Lodz, Poland (virtual)

Presenter: Marco Sarchiapone

Event Start date: 19/11/2020

Event End date: 20/11/2020

Acknowledged as official Section presentation? Yes

Other Section activities

Description:

Section Newsletter

Event Start date: 01/02/2020

Event End date: 31/05/2020

Outcomes

February 2020 - Social Network and Suicide

May 2020 - COVID-19, Burnout and Suicide

FUTURE ACTIVITIES:

Meetings/events



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Online Education in Suicide Prevention in the Field of Higher Education in Europe Description:

Chairs: N. Kapusta, Austria; A. Baran, Sweden

Presentations:

- Why Is It Important to Involve People with Lived Experience in the Development of the Educational Programs in Suicide Prevention? (M. Stensmark, Sweden)
- A Review on International E-learning Programs in Suicide Prevention (N. Kapusta, Austria)
- Focus Group Interview as a Research Method in the Development of the E-learning in Suicide Prevention for Students in Poland (A. Kwiatkowska, Poland)
- What Have we Learned from Focus Group Interviews and Surveys During the ELLIPSE-project in Hungary? (K. Indries, Hungary; K. Oriold, Hungary)
- French Experiences with the Online Courses on Suicidal Behaviour, Their Main Features, Requests of Participants and the Opportunities to Foster Suicide Prevention (J. Lopez-Castroman, France)
- The Opportunities and Challenges of Working with the Development of the ELLIPSE-project Before, During and After the COVID-19 Pandemic (A. Baran, Sweden)

Location: 29th European Congress of Psychiatry (virtual)

Start date: 13/04/2021

End date: 13/04/2021

(Assisted) Suicide in the Elderly

Description:

Chairs: G. Stoppe, Switzerland; D. De Leo, Australia

Presentations:

- Suicide in the Very Old (D. De Leo, Australia)
- Rational Suicide in the Elderly (P. Zeppegno, Italy)
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- Clinical Management of Late Life Depression and Suicidality in the Oldest-old (M. Stek, Netherlands)
- What Interventions Work for Suicide Prevention? And Do They Work for the Elderly? (C. Van der Feltz-Cornelis, United Kingdom)
- Media and Suicidal Behaviour (U. Hegerl, Germany)

Partners:

Section on Old Age Psychiatry

Location: 29th European Congress of Psychiatry (virtual)

Start date: 12/04/2021

End date: 12/04/2021

Social Distancing and Suicide in COVID-19 Age

Description:

Chairs: P. Courtet, France; D. Wasserman, Sweden

Presentations:

- How COVID-19 Related Psycho-social Stressors Affect Longevity (D. Moser, Switzerland)
- Suicidal Ideation on the Early COVID-19 Pandemic and Lockdown in General Population in Spain (P. Saiz, Spain)
- Impact of Confinement Measures in Patients Suffering from Mood Disorders (E. Olie, France)
- Swedish Perspectives and Ethical Discussion (D. Wasserman, Sweden)

Location: 29th European Congress of Psychiatry (virtual)

Start date: 11/04/2021

End date: 11/04/2021

Suicidal Risk in Bipolar Patients: Vulnerability and Mediators?

Description:



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Chairs: E. Olie, France; B. Etain, France

Presentations:

- Prevalence and Correlates of Suicidal Behaviour in Adolescents with Bipolar Disorder (S. Romero, Spain)
- Links Between Childhood Maltreatment and Suicide Risk in Bipolar Disorders: Direct or Indirect? (B. Etain, France)
- What is Special About Suicidal Depression? (P. Courtet, France)
- Risk Factors for Suicidal Behaviours in Late-onset Bipolar Disorder (A. Lengvenyte, France)

Location: 29th European Congress of Psychiatry (virtual)

Start date: 12/04/2021

End date: 12/04/2021

Publications

Increased risk for mental disorders and suicide during the COVID-19 pandemic. Position statement of the Section on Suicidology and Suicide Prevention of the European Psychiatric Association.

Journal:

Global Psychiatry

Authors:

Marco Sarchiapone, Jorge Lopez-Castroman, Carla Gramaglia, Enrique Baca-Garcia, Francesca Baralla, Julian Beezhold, Julio Bobes, Raffaella Calati, Narcís Cardoner, Erminia Colucci, Philippe Courtet, Lavinia Duica, Christine Dunkley, Laura Dunkley, Ricardo Gusmão, Catarina Jesus, Fabrice Jollant, Alexandr Kasal, Anisur Rahman Khan, Philip Michielsen, Stephen Palmer, Péter Osváth, Mihai Pirlog, Anna Plaza Estrada, Pilar Saiz, José Carlos Santos, Alexandra Tubiana Potiez, Christina Van Der Feltz-Cornelis, Petr Winkler,

Patrizia Zeppegno

(Expected) Publication date: 30/04/2021

Acknowledged as official Section publication? Yes



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FUNDING IN 2020

Income: n.a.

Source(s) of funding: nn.a.

Expenditure: n.a.

Balance: n.a.

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: Yes